

## Methodology

Feet, Heart, Head, Hands is the pedagogical and didactic method experimented by Jesuit Father Fabrizio Valletti during his twenty years of experience in difficult environmental contexts such as Scampia, a peripheral district of Naples, a frontier territory, a former drug-dealing centre of the city, known exclusively for the numerous negative facts of the crime news. This methodology is used by EITD through a person-centred training approach. "Feet, Heart, Head, Hands" methodology accompanies the learning process through all the integrated phases:

- Feet: discovering yourself by escaping from the static conception of the self
- Head: learning how to think well
- Heart: learning how to feel the self and the others
- Hand: becoming artisan and creators

On the other hand, the pedagogic approach "Head, Heart, Hand" (used by Scholas) finds the expression in three languages that permeate Scholas' activities: play, art, and thought. These languages intend to express reality and to cultivate soft skills whose importance is often neglected.

- Supporting growth based on creativity and teamwork, play and sport
- Educating through art
- Reaching youngsters by speaking their language

## Project facts

- Grant Agreement number: 101051975
- Project title: Transferring (Feet) Head Heart Hands Youth Methodology to (Middle) East
- Project acronym: THYME
- Project budget: € 369.556,39
- Requested EC grant amount: € 295.645,11
- Starting date: 01 April 2022
- Duration: 24 months

## Partners

- E.I.T.D. S.R.L. (EITD) – Napoli, Italy
- Fundación Scholas Occurrentes (SCHOLAS) – Madrid, Spain
- Lebanese Development Network (LDN) – Beirut - Lebanon
- Jordan Youth Innovation Forum Society (JYIF) – Amman, Jordan
- Caritas Lebanon (CARITAS) – Beirut, Lebanon

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"Transferring (Feet) Head, Heart, Hands, Youth Methodology to (Middle) East"

(THYME)



## Activities

- Job shadowing in Europe (Italy and Spain)
- Training courses on a local level, using existing methodology in the Middle East (Lebanon and Jordan)
- Youth mobilities (workshops implying national practices to compare with other foreign local communities) in Europe (Italy and Spain)

## Objectives

- Increase intercultural and global competences for youth
- Youth to develop an awareness as citizens, both on a local and international level
- Youth to investigate and find concrete and sustainable solutions to challenges in their local community
- Youth to be acting individuals, not just passive to challenges they might face in the future

## Beneficiaries

- 12 Arab youth workers, 2 from each partner organization done job shadowing in Europe, and 2 from each partner organization done job shadowing in their home country
- 115 European youngsters (30 Italians + 85 Spanish)
- 145 Arab youngsters (65 Jordanian + 80 Lebanese)

## Expected impact

- Contributing to the “Engage” priorities of the EU Youth Strategy 19-27
- Building on outcomes of the European Youth Goals
- Improving the involvement of young people in democratic life
- Improving the innovative capacities of young people in Partner countries
- Improving the capacity of the youth sector to work transnationally with care of inclusiveness, solidarity and sustainability
- Upscaling existing practices (Italian and Spanish) and outreach beyond Europe
- Demonstrating inclusion and accessibility of target groups with fewer opportunities
- Transferring new tools and non-formal learning methods, promoting the acquisition/improvement of competences
- Youth apply sustainable practices for achieving SDGs
- Improved global competences: they became citizens of a democracy in their own country